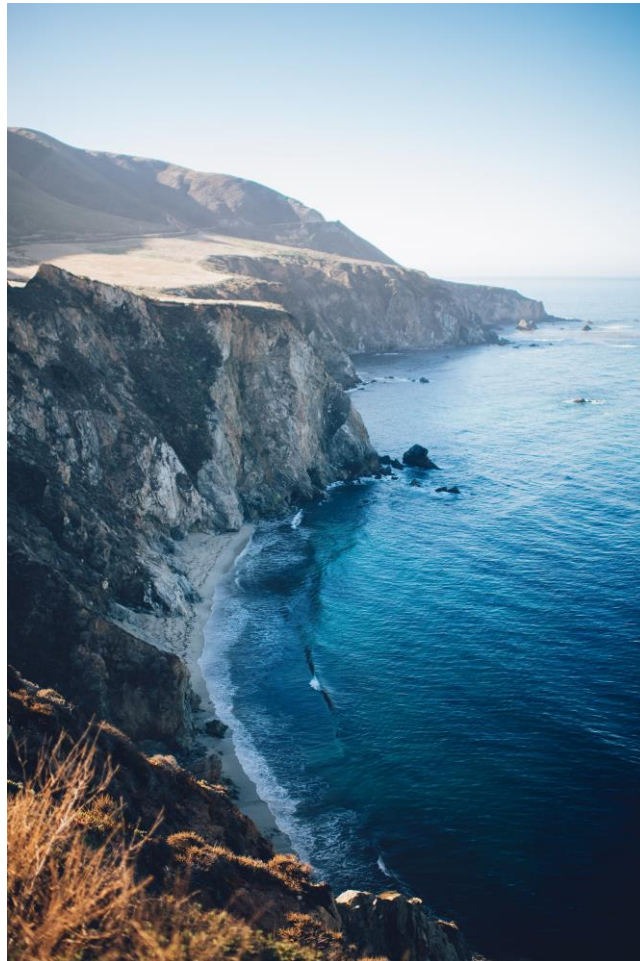


# Lifestyle Inspiration

Created by A Vision of New Life



## Guiding Steps to Create Your New Life

~ In alignment with your heart and soul ~

# Introduction

The series of photographs and empty lines in this worksheet are created for you to go deep into your heart and soul and discover what kind of life you want to live. There are no right or wrong answers to these questions as they are entirely up to you to answer.

Make sure you sit in a quiet and comfortable place when answering the questions. You are simultaneously starting a creational effect at a quantum-level, starting to become aware of and draw to you that which you are longing for in your heart and soul.

The next step is to manifest this life into your reality in co-creation with the Universe and your higher self. But for now... Let's start with the questions.

**With lots of love,**

Vanessa

*Founder of A Vision of New Life*

# Content

*4. You*

*5. Priorities*

*6. Creativity*

*7. Visions*

*8. Living Location*

*9. Emotional Well-Being*

*10. Strengths*

*11. Talents*

*12. Uniqueness*

*13. Service*

*14. Daily Routine*

*15. Morning Routine*

*16. Food/Health*

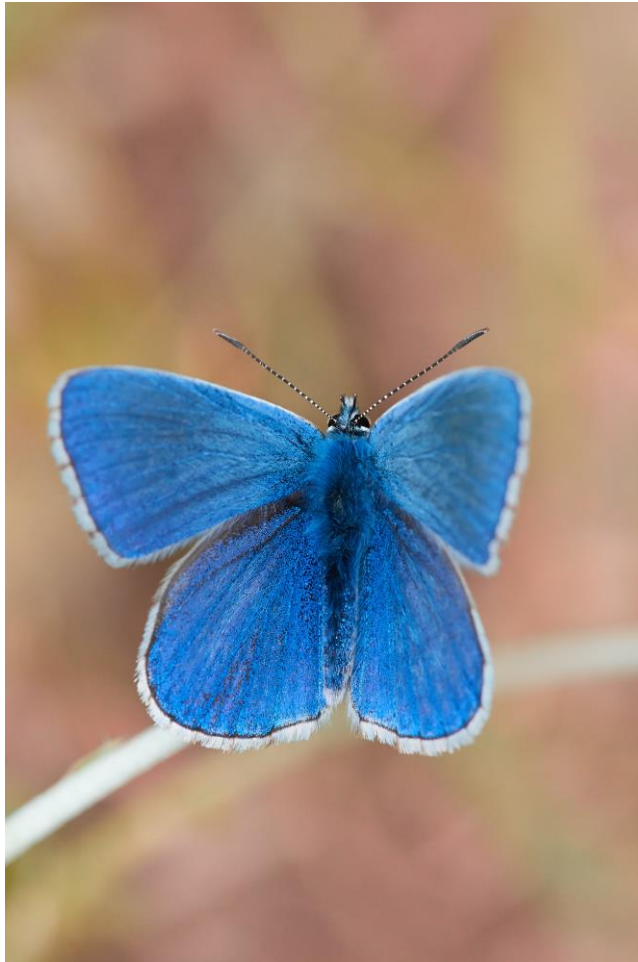
*17. Love*

*18. Relationships*

*19. Intimacy*

*20. Friendships*

*21. Self-Love*



Who do you want to be?

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What's important to you?

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What do you want to create?

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Where do you want to go?

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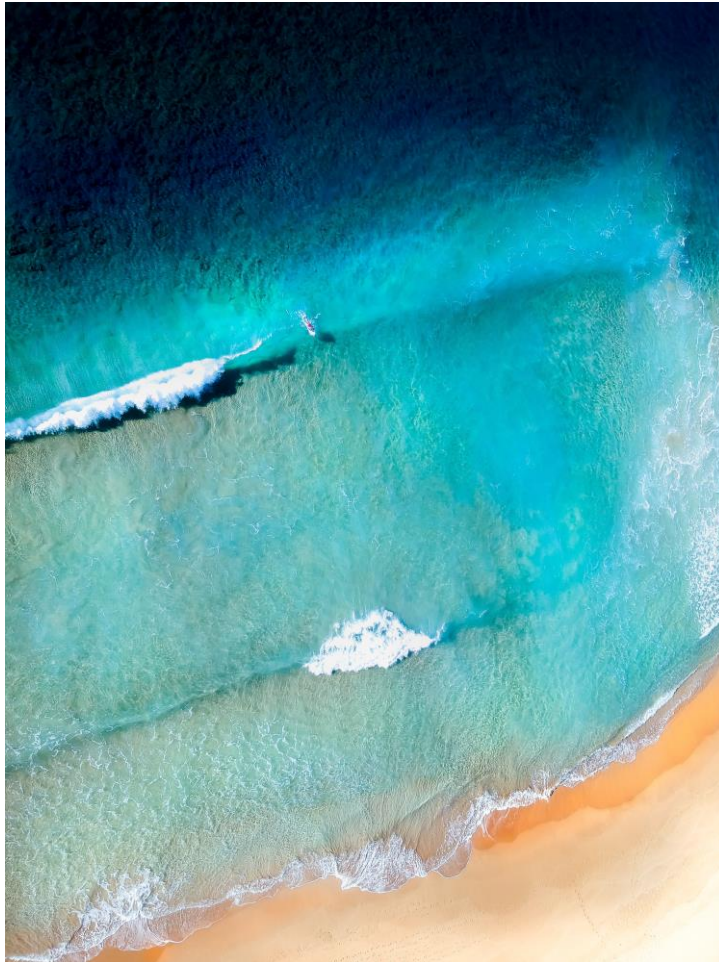
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Where do you want to live?

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How do you want to feel?

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## What are your strengths?

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What is your uniqueness?

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How do you want to be in service in the world?

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What's your ideal daily routine?

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What kind of food do you want to eat?

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How do you want to be loved?

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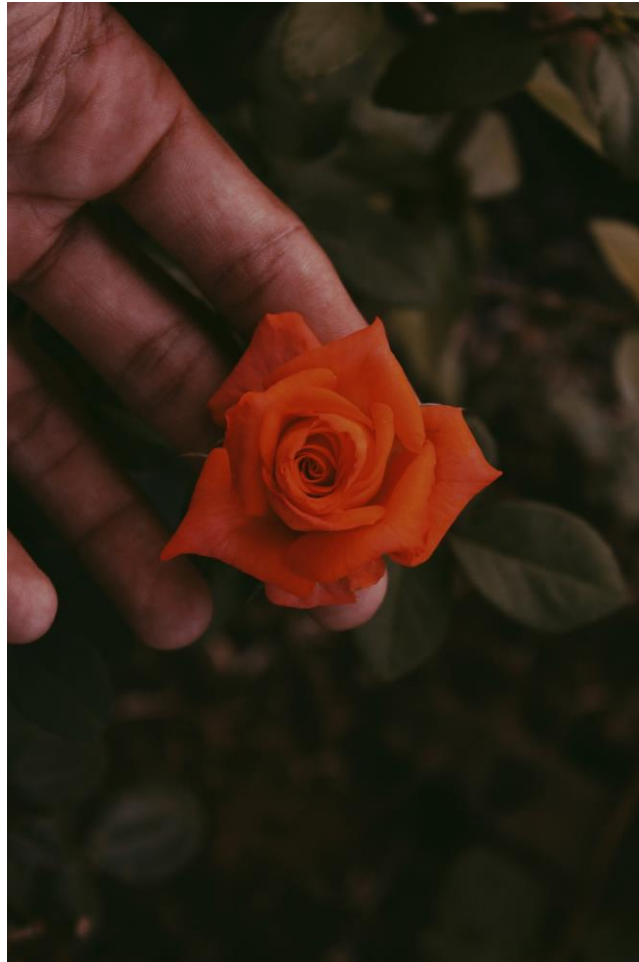
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What's your ideal romantic partnership like?

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What are your friendships like?

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What do you love most about yourself?

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## This image shows a full page of blank white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the page.

## This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the paper.

## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.